



JR. VIKINGS 2012 FOOTBALL CAMP (CNBF07)

Jr. High/Middle School Camp
(entering grades 4 thru 8)

June 11--June 28 (Mon thru Thurs.) (CNBF07)
5:30 pm — 7:00 pm

Place:

Niles North Chuck Pos Football Stadium/Niles North Football Practice Fields/Weight Room

Fees:

Jr. High/Middle School/Grade School Camp: **\$75.00** Non-Resident Fee: **\$90.00**
Includes a Camp T-Shirt & Shorts

How do you Enroll for the Camp(s)

Go to the Niles North High School Summer Camp

Web page at: <http://summer.niles219.org/> Select Football Camps and follow the directions.

Equipment Needed:

Athletic shorts and t-shirts; two pairs of shoes (one pair of football cleats and one pair of gym shoes); a water bottle; all Niles North High School students will be issued football equipment.

Description of Camp:

All camps will stress proper fundamentals, techniques, and sportsmanship regarding the Niles North and the Jr. Viking Football Programs. The athlete will be introduced to basic offensive and defensive schemes installed at specific levels. Correct strength & conditioning techniques & fundamentals will also be performed by each football camp athlete.

Questions: Call Eugene Edmond at 847-309-5669 or email genes1947@hotmail.com
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